

Spring/Summer Training Opportunities

Mental Health Services

Vermont Department of Health

NOTE: This list is compiled by the Vermont Department of Health, however many of the workshops listed in this calendar are sponsored by other organizations. Please confirm the details of the training (date, time, location, etc.) with the contact provided.

USE OF CLINICAL RITUALS AND EMPOWERMENT IN TREATMENT OF CO-OCCURRING DISORDERS

April 12, 2006 – Colchester Area

Howard Center's Vt Addictions Academy on Co-Occurring Disorders
Contact Sandi K @ 802-862-5243 for registration information

VETERANS OF THE WAR IN IRAQ AND THEIR FAMILIES

April 14th, 2006 – Wyndham Hotel-Burlington – 8am to 4:15pm

A conference with Matthew J. Friedman, MD and John P. Wilson, PhD

Fee: \$125 if received by March 17; \$140 if received after March 18.

Please direct inquiries to Elliott Benay 802-241-3067 or Joseph Hasazi 802-657-4190.

PSYCHOSOCIAL EVIDENCE-BASED SKILLS FOR TREATMENT OF CO-OCCURRING MENTAL HEALTH & SUBSTANCE ABUSE

April 21, 2006 - Cyprian Learning Center: Hazen's Notch - Waterbury VT - 9am to 4pm
(registration begins at 8:45)

Presenter: Dr. Anthony R Quinilliani, PhD, LADC

Participants will become more familiar with evidence based treatments of co-occurring disorders and will learn about research on Mindfulness-based treatments for co-occurring disorders. At this training participants will experience limited clinical skills practice for a select number of interventions. Lunch will not be included in your course fee nor will it be provided. \$30 for organizations that are licensed or funded by ADAP or a member of the VAPA; \$45 for all other participants. 5.5 CEU's: Vermont Alcohol & Drug Abuse Certification Board, Board of Psychological Examiners, and Board of Allied Mental Health Practitioners.

Green Mountain Peer Projects Sponsorship

Contact Sara Snow 802-863-8451 for registration information or email at sarah@gmppvt.org

BRINGING BALANCE TO OUR UNIVERSE: A 6-day Dialectical Behavior Therapy Training Program

April 23rd & 24th

May 21st & 22nd

June 25th & 26th

Vermont Department of Health - 108 Cherry Street, Room 2B, Burlington VT.

This program is designed to train therapists who already possess basic knowledge of the DBT model how to conduct individual DBT therapy as distinctly different from "just good therapy".

Demonstration and practice in prioritizing problem behaviors, interpreting a diary card, and

collaborating with a client in a behavioral analysis will be highlighted. Core skills taught to clients and integrated into the individual therapy sessions will be a cornerstone of this program. Participation in a consultation group is expected and time will be spent on how to improve the team's effectiveness. All training sessions will take place on Sunday and Monday – 9 am to 4:30 pm each day. Snacks will be provided and lunch will be on your own.

Fee: \$100 and purchase of the text and companion workbook. Registration deadline is April 1st, 2006. For more information contact Michelle Hough at 652-2000 or email mhough@vdh.state.vt.us

CULTURAL COMPETENCY II: TAKING THE NEXT STEPS

May 1, 2006 - Brattleboro, VT - 8:30 am – 4:30 pm

Presenter: Deoshore Haig

This training is designed to build on participants appreciation of their own cultural identity and their awareness of others' identities. We will work on concrete steps to integrate cultural competency into participants' professional lives. Participants are on their own for lunch. \$30 fee

Information: For more complete listing, visit online at www.healthandlearning.org

CLINICAL USE OF JOURNAL ENTRY TECHNIQUES IN RECOVERY FROM CO-OCCURRING DISORDERS

May 25, 2006 – Colchester Area

Howard Center's Addictions Academy on Co-Occurring Disorders

Contact Sandi K. at 802-862-5243 for registration information.

3-CREDIT GRADUATE COUNSELING COURSE CHEMICAL DEPENDENCY: ETIOLOGY AND TREATMENT

July 17-28 Burlington Area

University of Vermont, Graduate Counseling Program

Contact Rose Mary at 802-656-3888 for registration information

COPELAND CENTER FOR WELLNESS AND RECOVERY: Training on Recovery Education and Peer Support

Provides activities to enhance wellness and recovery of individuals, groups, care providers, organizations, and systems. Focus on the expressed needs of people having mental health difficulties or people who are using services.

Using WRAP and Peer Support March 20-24 Brattleboro

Mental Health Recovery: WRAP Facilitator Recertification April 25-27 Brattleboro

Peer Run Crisis Alternatives May 8-12 Brattleboro

Information: www.mentalhealthrecovery.com email: info@copelandcenter.com

MOVING TOWARD COMMUNITY AND HEALING: Transforming our work with women who are involved with the Criminal Justice System Part 3 of a conference series

Women's Use of Violence: Developing a Coordinated Community

Response This conference will explore the contexts in which women use violence, with a particular focus on battered women's violence. **Who should attend:** Judges & Court staff; Attorneys, Prosecutors and Public Defenders; Law Enforcement; Vermont Dept of Corrections staff; Vermont

Agency of Human Services staff including DCF & Health; Substance abuse and mental health workers; Victim advocates & mentors for women involved with the criminal justice system; People who attended day one or two of the series; Women involved or formerly involved with the criminal justice system; Regional Partnerships & Community Justice Centers staff; Participants in the AHS Incarcerated Women's Initiative; and anyone who is personally or professionally concerned with this issue. **SAVE THE DATE:** Thursday, May 25, 2006; 8:30 am to 4:00 pm; Killington Grand Conference Center. Brochure & registration information will be available in the beginning of April. CEU's, CLE's and training credits will be available. Sponsored by the Vermont Center for Crime Victim Services Waterbury VT 802-241-1250.

TRAUMA ACROSS THE LIFE CYCLE (Clinical and Forensic Issues) A conference with Ann Burgess, DN.SC.

Friday, June 6, 2006 8:00 am to 4:15 pm Wyndham Burlington VT (Formerly the Radisson)
The Board of Psychological Examiners has granted 6 continuing education credits. The Board of Allied Mental Health Practitioners has granted 6 continuing education credits. NASW – Vermont Chapter has granted 6 continuing education credits. \$125 if received by May 5, 2006; \$140 if received after May 6, 2006. There will be no refunds after May 19, 2006. There will be a \$25 administrative fee for any cancellations. Please direct inquiries to Elliott Benay 241-3067 or Joseph Hasazi 657-4190.

ADDITIONAL TRAINING OPPORTUNITIES

CAREERTRACK TRAININGS

Managing Emotions Under Pressure – March 21, 2006

Holiday Inn

1068 Williston Rd

Burlington VT

Register Today! Event #42253

Contact Information: 1-800-556-3009 or www.careertrack.com

BOSTON UNIVERSITY COMMUNITY PROGRAM INNOVATIONS

- **March 16, 2006** Working with Children & Adolescents: Nurturing Resilience & Managing Resistance – Robert Brooks, PhD
- **March 31, 2006** Treating Violence & Psychiatric Disorders in Adulthood – Daniel Jacobs, PsyD, MBA
- **April 7, 2006** Girls in Crisis: Nourishing Strengths to Build Connection – Mary Bettley, MSW, LICSW
- **May 4, 2006** High-Risk Behaviors in Youth: Self-Injury, School Violence & Firesetting – Robert Kinscherff, PhD, JD
- **May 12, 2006** Beyond the DBT Basics: Therapy with Adults with a Borderline Personality Disorder – Laurie Brodeur, PsyD

Workshops offering Continuing Education credits for psychologists, social workers, marriage and family therapists, mental health counselors, nationally certified counselors, nurses, substance abuse counselors and educators. All workshops are held at the Boston University Corporate Education Center in Tyngsboro MA. .

Information: Sue McNamara, MS, CRC, CPRP, (617) 358-2574 or by email: suemac@bu.edu or <http://www.bu.edu/sarpsych/training/pdp/courses/>

NAMI-VERMONT FAMILY-TO-FAMILY EDUCATION PROGRAM

Every year NAMI-VT family members/volunteers co-teach eight Family-To-Family classes around Vermont. These classes are a series of 12 weekly classes structured to help family members understand and support their ill relative while maintaining their own well-being. These classes are for family members only, limited to 25 students per class, and are free. Classes have been scheduled for the following areas:

- | | |
|--|---------------------------------|
| * Bennington-beginning March/April 2006 | Bill Baldwin (802)442-3012 |
| * Brattleboro-Mondays beginning February 27 | Laurine Parker (603)256-8176 |
| * Burlington-Wednesdays beginning March 1 | Sue Moran (802)878-9632 |
| | Wanda Cosman (802)443-8906 |
| * Middlebury-Thursdays beginning March 2 | Heather Carlton (802)453-5838 |
| | Cathy Rickerby (802)443-8906 |
| * Rutland-beginning March 2006 | Maureen Trudeau (802)775-5795 |
| * St. Albans-Tuesdays beginning March 14 | Sarah Chamberlain (802)985-2345 |

RETREAT HEALTHCARE

[Psychiatric Medications for the Non-MD](#) – March 24th
Fritz Engstrom, M.D.

[How Can I Forgive You? A Radical Approach to Healing Intimate Wounds](#) – March 31st
Janis Abrahms Spring, Ph.D., ABPP

[Understanding and Treating the Self Injurer: Once an Obscure Psychiatric Symptom, Now An Alarming Mainstream Problem](#) – April 6th
Wendy Lader, Ph.D.

[Intensive Training Seminar: Treatment of the Self-Injurer](#) – April 7th
Wendy Lader, Ph.D.

[The Addictive Family: The Legacy of Trauma](#) – April 14th
Claudia Black, M.S.W., Ph.D.

[Helping the Adolescent Substance Abuser](#) : May 5th
Paul Nagy, M.S., LPC, CCAS, CCS

[The Heart of Addiction](#) - May 12
Lance Dodes, M.D.

[The Spiral Staircase: Psychospiritual Growth and Development](#) - May 19
Helen Daly, Psy.D.

[The Worried Child: Recognizing Anxiety in Children and Helping Them Heal](#) – May 26th
Paul Foxman, Ph.D.

For additional information and registration, go to: <http://www.retreathealthcare.org/> or call 1-800-RETREAT.

VANPO – WORKSHOPS FOR NONPROFIT PROFESSIONALS

Learn the managerial, leadership & technical skills necessary to run effective, highly capable nonprofit organizations. www.vanpo.org or 802-862-0292 email: info@vanpo.org

Core Competency: Leadership Development

March 21 9-4:30 Executive Leadership Robert Uerz Brattleboro
VANPO members: \$75 Non-members: \$100
April 19 9-4:30 Leading from the Center Out Merryn Rutledge Burlington
VANPO members: \$75 Non-members: \$100
May 4 9-12:30 Board Leadership Robin Scheu Montpelier
VANPO members: \$50 Non-members: \$75
May 9 9-4:30 Executive Coaching Flip Brown Montpelier
VANPO members: \$75 Non-members: \$100

Core Competency: Financial Management

March 28 9-12:30 Budgets & Cash Flow Tom Roberts Burlington
VANPO members: \$50 Non-members: \$75

Core Competency: Fundraising & Fund Development

March 23 9-4:30 Cultivating and Soliciting Donors-from Annual Fund to Major Gifts
Anne Peyton Montpelier
VANPO members: \$75 Non-members: \$100
March 30 9-12:30 Building an Endowment Tom Smith & Caleb Rick Rutland
VANPO members: \$50 Non-members: \$75
April 6 9-12:30 Beginners Grantwriting Diane Meyerhoff Burlington
VANPO members: \$50 Non-members: \$75
May 2 9-12:30 Grantwriting Barbara Morrow St Johnsbury
VANPO members: \$50 Non-members: \$75
May 10 9-4:30 Beyond Grantwriting Basics Elizabeth Sunde Rutland
VANPO members: \$75 Non-members: \$100

Core Competency: Organization & Human Resources Management

March 22 9-12:30 Systems Thinking-Part 1 Lance Polya Burlington
VANPO members: \$50 Non-members: \$75
March 29 9-12:30 Systems Thinking-Part 2 Lance Polya Burlington
VANPO members: \$50 Non-members: \$75
April 4 9-4:30 Organization Assessment Lizann Peyton Montpelier
VANPO members: \$75 Non-members: \$100
April 5 9-4:30 HR Fundamentals Mark Heyman Rutland
VANPO members: \$75 Non-members: \$100
April 20 9-4:30 Strategic Planning Anne Peyton Brattleboro
VANPO members: \$75 Non-members: \$100
May 11 9-12:30 Personnel Policies Mark Heyman Brattleboro
VANPO members: \$50 Non-members: \$75

Core Competency: Marketing & Public Relations

April 11 9-12:30 Get on the Regional & National Radar Linda Bland Burlington
 VANPO members: \$50 Non-members: \$75
 April 12 9-4:30 Marketing & PR Andy Robinson Montpelier
 VANPO members: \$75 Non-members: \$100

Core Competency: Advocacy & Public Policy

March 15 8-9:30 Legislative Policy Briefing Katherine Long Burlington
 VANPO members: \$0 Non-members: \$20
 March 31 8-1 Nonprofit Visibility Day Katherine Long Montpelier
 VANPO members: \$0 Non-members: \$20
 May 3 9-12:30 Electoral Advocacy Katherine Long Montpelier
 VANPO members: \$50 Non-members: \$75

STAFF TRAINING ASSOCIATES

How to Supervise Staff in the Residential Program – A practical “how-to” 2-day workshop for staff who supervise others in: Community Residences, Group Homes, Child Caring Agencies, Residential Agencies for Persons with Developmental Disabilities, Mental Health Programs, Services for Seniors, and Treatment Programs. \$209/person for six or more attending from the same organization; \$229/person for three or more attending from the same organization; \$249/person for less than three attending from the same organization. Registration fee includes workshop resource book. Call (410)266-5915 for details and price information or visit online at www.stafftrainingassoc.com. March 13-14, 2006 Boston Holiday Inn-Dedham 55 Ariadne Road (Rt 1 & Rt 128) Dedham, MA

FIVE DIMENSIONS AND GLOBAL LEARNING PARTNERS – Dialogue Education (Vella) Courses

Learning to Listen, Learning to Teach-A learning centered approach to dialogue education. Dialogue Education uses the principles and practices of adult learning theory to transform “education” into hands-on, interactive “learning”. This is a learning-centered approach. Learning is a partnership between both teacher and learner in order to maximize the learning. Not only is this approach successful with adults, it is successful with adolescents as well.

April 24-27 Stowe VT To register for April 24-27 in Stowe:

<https://www.onlineregistrationcenter.com/register.asp?m=96&c=2401>

June 26-29 Montpelier VT To register for June 26-29 in Montpelier:

<https://www.onlineregistrationcenter.com/register.asp?m=96&c=2386>

TRANSFORMING MENTAL HEALTH CULTURE AND PRACTICE TO SUPPORT RECOVERY- A 3-DAY TRAINING INSTITUTE WITH PAT DEEGAN PHD

You have embraced the principles of recovery, but now how do you put them to work in your day-to-day practice? By participating in a unique opportunity to learn **Recovery Oriented Practice** theory and techniques. You will leave this event with the inspiration and the tools necessary to begin transforming both the culture of your agency and your work to support clients’ recovery.

June 12-14 at the Boston University Corporate Education Center in Tyngsboro MA

\$960/person includes daily breakfast & lunch, and one evening barbeque. Register early, before March 15th for \$900. Visit the website for Pat Deegan PhD at www.patdeegan.com

NO ONE LEFT BEHIND: BUILDING BRIDGES OUT OF POVERTY

Bridges out of Poverty Training with Erica Marks

Topics covered: Mental models of poverty, Principles of change, Causes of poverty, Examples of community strategies, Research review, Framework of poverty, Resources, Language, Family structure and Hidden rules of economic class. Saturday, March 25th from 8:30 am to 3:30 pm, lunch included. \$20 per person pay at the door. Limited sliding fee/scholarship available. Make checks payable to NeighborKeepers. Call Hal Colston at 846-7292 with questions and directions to location. Contact Martha Maksym, United Way of Chittenden County, Martha@unitedwaycc.org or mail registration to:

Martha Maksym, United Way of Chittenden County, 95 St Paul Street, Suite 210, Burlington VT 05401 (information needed: Name, email, phone, address and dietary restrictions)

SUBSTANCE ABUSE PREVENTION ORIENTATION

May 11, 2006: VT Dept of Health, 108 Cherry St., Burlington VT , Conference Room 2B: 9:00 am – 4:00 pm

This one-day training is designed to be an introduction to current substance abuse prevention practice. Participants will examine the current culture of drug use in VT, explore attitudes toward substance use, review the public health and community development models of prevention, examine a comprehensive substance abuse prevention plan using risk and protective factors and become familiar with substance abuse prevention resources. To register: Please call Diane Lanpher at 802-652-4141 or fax (802) 652-4151 or e-mail: dlanphe@vdh.state.vt.us to register. **Please provide your name, title, address, e-mail, day phone number and any special needs.** This training sponsored by the VT Dept of Health, Division of Alcohol and Drug Abuse Programs

BASIC ADDICTION FOR NURSES & OTHER HEALTH CARE PROFESSIONALS

April 28, 2006; Central Vermont Medical Center, Barre VT; 9:00 am to 4:00 pm

~OR~

July 25, 2006; VT Dept of Health, Cherry St, Burlington VT Conference room 2B; 9:00am to 4:00 pm

The study of addiction is appropriate training for all healthcare professionals and others who come into close contact with clients and patients, and for those who are in a position of impacting the course of another's life through understanding and intervention. This training is geared towards assisting nurses and nursing students at all levels of clinical practice in establishing mastery over this wide reaching problem which touches the lives of 80% of their patients and clients. For some it will be an introduction, for others a refresher. Come prepared for a busy day.

To register: Please call Diane Lanpher at 802-652-4141 or fax (802) 652-4151 or e-mail: dlanphe@vdh.state.vt.us . **Please provide your name, title, address, e-mail, day phone number and any special needs.** This training sponsored by the VT Dept of Health, Division of Alcohol and Drug Abuse Program.

THE NURSE'S ROLE IN THE MANAGEMENT OF OPIOID DEPENDENCE IN HOSPITALS AND COMMUNITY SETTINGS

March 23, 2006; Union Institute & University, Montpelier VT 9:00 am to 4:00 pm

~OR~

April 6, 2006; Courtyard by Marriott, Middlebury VT 9:00am to 4:00 pm

This training will differentiate between opioid use, abuse and dependence by giving an overview of opioid addiction; use and abuse of opiates; the history of opioid addiction; epidemiology; neurobiology; pain management, and toxicology. Acute and long-term adverse effects of opioid use, withdrawal from opioids, management of comorbid health issues and pregnancy will be discussed. Current treatment recommendations for opioid addiction withdrawal, treatment and maintenance will be presented. National resources available to nursing professionals will be given. Participants will recognize perceptions that perpetuate stigma associated with opioid treatment through an overview of literature and current research.

To register: Please call Diane Lanpher at 802-652-4141 or fax (802) 652-4151 or e-mail:

dlanphe@vdh.state.vt.us. **Please provide your name, title, address, e-mail, day phone number and any special needs.** This training is sponsored by the VT Dept of Health, Division of Alcohol and Drug Abuse Programs.

NEW ENGLAND SCHOOL OF ADDICTION STUDIES – SUMMER SCHOOL PROGRAM

37th Annual New England School of Addiction Studies is scheduled to take place June 5-9, 2006 at the University of Connecticut, Storrs, CT. In addition to the catalog web pages, the web site features:

<http://www.neias.org/SS/SATSSCATTC06x.html>

- Online Summer School Registration
- A downloadable Summer School Catalog
- Downloadable scholarship application from some New England States at <http://www.neias.org/SS/SATSSCAT906x.html>

6th Annual New England School of Prevention Studies is scheduled to take place June 5-7, 2006 at the University of Connecticut, Storrs, CT. In addition to the catalog web pages, the web site features:

<http://www.neias.org/PSS/SATPvCATcover06x.html>

- Online Prevention School Registration
- A downloadable Prevention School Catalog
- Downloadable scholarship application from some New England States at <http://www.neias.org/PSS/SATPvCATschol06x.html>

The co-location of the two programs above at the University of Connecticut will allow for some exciting crosstraining and networking, benefiting participants of both schools. This year's venue change also has allowed the Prevention School tuition rates to be reduced.

14th Annual New England School of Best Practices in Addiction Treatment (*Advanced Clinical Coursework & Opioid Treatment Coursework*) is scheduled to take place August 21-24, 2006 at Waterville Valley Resort & Conference Center, New Hampshire. Additional information and printed catalogs will be available in the early summer!

<http://www.neias.org/BP/SATBPCATcover06x.html>

You can request a printed catalog by contacting the New England Institute of Addiction Studies web site at <http://www.neias.org/> or emailing neias@neias.org or calling 207-621-2549.

VERMONT ADDICTION PROFESSIONALS ASSOCIATION

2006 Spring Training Series

VAPA is the association of Vermont professionals providing leadership, support and advocacy for organized improvements in the addiction field.

HOW TO PREPARE FOR YOUR ORAL CPM EXAM – March 31, 2006 9:00 am to 4:00 pm
Stanley Hall Room 100 – **Waterbury. Debby Haskins, MS, LADC, NCC, CCS, Chair of the**
Vermont Certification Board, Executive Director of the Association of Student Assistance
Professionals of Vermont. Covers how to build your case history and prepare for your oral
examination. Case examples will be given to understand the process. Each core function will be
discussed to give a road map to follow with the global criterion.

****PSYCHOPHARMACOLOGY** – April 6, 2006 9:00 am to 4:00pm Langevin House, Vermont
Technical College, **Randolph. John Brooklyn, MD** – A review of neuroanatomy and physiology of
the brain with receptor models showing the sites of actions of drugs used to treat brain dysfunction.

****UNDERSTANDING ADDICTION-** May 3 & 4, 2006 9:00 am to 4:00 pm (**NOTE: TWO**
DAYS \$50; \$130 12 CEU'S) Noble Hall, VT College – **Montpelier. Debby Haskins MS, LADC** –
Introductory training that covers the basics of addiction, drug classifications, common misused drugs,
the impact that drug use has on the family, differences in adult and adolescent addiction, including
challenges specific to young men vs. young women, an overview of prevention and a discussion of
various programs of recovery for the substance abuser and members of his/her family and community.

****EXPLORING ETHICAL ISSUES FOR SUPERVISORS AND MANAGERS** – May 24, 2006
9:00 am to 4:00 pm Health and Wellness Center, 78 S. Main St – **Rutland. David J. Powell, PhD-**
This course will enhance the development of clinical supervisors and program managers so as to
adhere to the current ethical codes, standards of conduct, legal statutes, and certification/licensing
regulations.

****BOUNDARY ISSUES FOR SUBSTANCE ABUSE PROFESSIONALS IN A RURAL**
SETTING – June 12, 2006 9:00 am to 4:00 pm Room 103B, VA Hospital – **White River**
Junction. Jacqui Abikoff, LCSW, LADC – Examine common ethical issues and conflicts faced by
substance abuse counselors in the usual course of practice. Focuses specifically on boundary issues,
dual relationships and confidentiality issues as they apply to the particular circumstances of counselors
who practice in rural areas.

Registration begins at 8:30 am. Morning and afternoon refreshments will be provided. Lunch is on
your own. 6 CEU's per training available for LADC, Allied Mental Health and Psychologists. **Cost**
per training: \$25 for VAPA members, \$65 for non-members

****This training is made possible by a grant from the Vermont Department of Health, Division of Alcohol and Drug**
Abuse Programs. For more information, contact VAPA a 1 (866) 482-3222 or email
VAPAVT@aol.com

DIVISION OF ALCOHOL AND DRUG ABUSE PROGRAMS' TRAINING

WEBSITE:

<http://www.state.vt.us/adap/training.htm>

DEPARTMENT OF CHILDREN AND FAMILIES, FAMILY SERVICES DIVISION TRAINING WEBSITE:

<http://www.dcf.state.vt.us/fsd/trainings.html>

Vermont Training and Consultation Resources

DIALECTICAL BEHAVIORAL THERAPY (DBT)

The DBT State Consultation Team

The Dialectical Behavior Therapy (DBT) State Consultation Team is comprised of five Vermont clinicians who have extensive experience providing training and consultation on DBT. The consultation team was formed in 2003 to provide DBT leadership, training, program mentoring and clinical consultation to Vermont community and inpatient DBT programs. The members of the consultation team have extensive experience with developing and operating DBT programs in the following settings and with the following populations: DBT in typical community mental health settings, DBT Residential Programs, DBT partial hospitalization and inpatient programs, DBT-informed treatment for adolescents, DBT treatment for individuals with severe and persistent mental illness, DBT-informed treatment for individuals with developmental disabilities.

Members of the consultation team provide yearly training on the core elements of DBT for clinicians interested in practicing DBT, and they are also available to provide on-site training, mentoring, and consultation to DBT programs as requested. To request on-site consultation/training or inquire about the next DBT training being conducted by the team, please contact Nick Nichols at nnichols@vdh.state.vt.us or 652-2000.

The Amanda Menei Fund

In 2004, the Vermont Department of Health's Division of Mental Health established the Amanda Menei Fund, a state fund to support training and consultation for mental health staff on how to use Dialectical Behavioral Therapy to help individuals who are suicidal, self-harming, and difficult to treat. The Division of Mental Health has set aside \$2500 each year for the next five years to fund (1) core "Nuts and Bolts" training for interested mental health providers on how to begin practicing DBT in their programs, and (2) additional onsite training and consultation for providers in need of more intensive assistance applying DBT to their program and the individuals they are working with. The fund will be used to pay members of the State DBT Consultation Team, a group of expert DBT clinicians from Vermont (see above), to provide local, regional and state training and consultation on DBT. If your agency is interested in finding out more about this fund, the State DBT Consultation Team, or how to access training or consultation, please contact Nick Nichols at 652-2000 or nnichols@vdh.state.vt.us.

The DBT Development Committee

The DBT Development Committee is a group open to any clinician practicing or interested in practicing DBT in Vermont. Each committee meeting includes: 1) training on specific DBT components, 2) a case consultation in which a DBT team can present a challenging case to the state DBT Consultation team for consultation and feedback, and 3) networking, resource sharing and

problems solving discussions regarding supporting DBT in Vermont. The committee meets four times each year. For more information about attending the meeting, contact Nick Nichols @ 652-2000 or nnichols@vdh.state.vt.us.

INTEGRATED MENTAL HEALTH AND SUBSTANCE ABUSE TREATMENT

The Division of Mental Health is currently operating under a federal grant to support the development of integrated mental health and substance abuse treatment in community mental health centers. For more information on how your program can be involved in developing integrated treatment, contact Evan Smith at 652-2000 or esmith@vdh.state.vt.us.

SUPPORTED EMPLOYMENT

The Division of Mental Health is committed to providing training and technical assistance to all programs who are interested in improving the quality and quantity of employment services for individuals with mental illness. For more information on how to receive individualized training and technical assistance at your site, contact Laura Flint at 652-2000 or lflint@vdh.state.vt.us.

THE UNIVERSITY OF VERMONT DEPARTMENT OF PSYCHIATRY

Grand Rounds presentations every Friday morning from 10:30am-11:45am in Burlington are usually open to the public. Call the UVM Department of Psychiatry for more information (802) 656-3270 or email mary.lacasse@vtmednet.org to receive the monthly announcement electronically, or view it on their website: <http://www.vtmednet.org/psychiatry/grandrounds.htm>.

VANPO'S TECHNICAL ASSISTANCE PROJECT (TAP-VT)

Tap-VT is a non-profit anagement and leadership workshop series providing technical assistance to Vermont non-profit organizations. TAP-VT is a joint program of the Vermont Alliance of Nonprofit Organizations (VANPO) and the Vermont Community Foundation (VCF). Workshops cover topics in the areas of advocacy and public policy, fundraising and development, marketing and public relations, leadership and organizational development, human resources and personal development, and financial management for nonprofits.

Information: For a complete schedule, visit their website at: <http://www.vanpo.org/> or contact them via email: info@vanpo.org or by calling (802) 862-0292.

NAMI-VT PROVIDER EDUCATION COURSE

This is a series of ten weekly classes structured to help professional providers work collaboratively with consumers and family members while maintaining their own well being. The course is taught by a team of five individuals, all of whom have a mental illness and/or a family member who has one. The course can be taught at your agency and is free to designated community mental health agencies.

Information: Contact NAMI-VT at 1-800-639-6480 or (802) 244-1396.

OVERCOMING BARRIERS TO EFFECTIVE CONSUMER/SURVIVOR PARTICIPATION ON BOARDS AND COMMITTEES

This training, developed by Deborah Anderson, outlines six common barriers (lack of accommodation, access, poor communication, tendencies to pathologize consumer behavior, tokenism, and lack of skill training and assistance) to effective consumer participation on boards and committees and provides specific strategies for overcoming these barriers.

Information: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

RECOVERY EDUCATION

Interested in learning more about Recovery Education? Training events for consumers, staff and family members are available by request from the Recovery Education Project through Vermont Psychiatric Survivors. Workshops range from a half-day introduction to recovery concepts to a 40-hour “cycle” in which participants will learn key recovery concepts, skills and tools, and develop their own Wellness Recovery Action Plans.

Information: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

SELF ADVOCACY FOR CONSUMERS

Training for consumers on developing self-advocacy skills is available by request from Vermont Psychiatric Survivors. This training helps individuals learn how to effectively express their needs and access the proper resources to get their personal needs met. This training can also be used to assist professionals in supporting those they work with to become a better self-advocate.

Information: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

PEERS AS PROFESSIONALS: Consumers Working as Mental Health Providers

Peers as Professionals teach consumers the need to understand and follow the professional guidelines and responsibilities associated with becoming a mental health provider. Topics include confidentiality, professional responsibilities, rights vs. privileges, and following job guidelines. This training can also be used to assist professionals in supporting consumers in new roles as mental health providers.

Information: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

VERMONT TRAUMA INSTITUTE

The Vermont Trauma Institute was formed to provide expertise to clinicians, researchers, lawyers, victim’s advocates, social agencies, and judges as they attempt to understand trauma. Through clinician networking, we hope to provide the most appropriate response to your clinical or educational needs by *Assessment; Conferences; Expert Testimony; Forensic Evaluation; Research; Supervision; and Training*.

Information: Vermont Trauma Institute, (802) 651-7817

CREATING WELLNESS: Key Concepts for Mental Health

A video workshop with Mary Ellen Copeland, MS, MA.

Author of an array of self-help books, including *Winning Against Relapse* and the *Wellness Recovery Action Plan (W.R.A.P.)*, Mary Ellen Copeland is an internationally known mental health educator and advocate who has developed the recovery model shown in this video. The workshop format creates an ideal educational tool for staff training, as well as a powerful vehicle for individual self-reflection or group work.

Information: visit the website: <http://www.mentalhealthrecovery.com/resources.html#book>

FREE SELF-HELP BOOKLETS TO PROMOTE RECOVERY FOR PEOPLE WITH MENTAL ILLNESSES

Techniques to help reduce the effects of trauma, make lifestyle changes to positively affect emotional well-being, and build strong relationships are a few of the issues addressed in a series of self-help guides developed to help people with psychiatric disabilities. The six booklets, produced by SAMHSA's Center for Mental Health Services, cover the following topics: Building Self-esteem, Making and Keeping Friends, Dealing with the Effects of Trauma, Developing A Recovery and Wellness Lifestyle, Speaking Out for Yourself, and Action Planning for Prevention and Recovery. These user-friendly guides will help persons living with mental illness to achieve higher levels of wellness, stability and recovery. Copies of these self-help guides are available free of charge by calling SAMHSA's Clearinghouse, 1-800-789-2647; TTY 301-443-9006, or visit their web site at <http://www.samhsa.gov>

Internet and Correspondence Courses

MENTAL HEALTH RECOVERY CORRESPONDENCE COURSE

Work with Mary Ellen Copeland to learn key recovery concepts, skills and tools, to develop a Wellness Recovery Action Plan. This four-week correspondence course is offered as an alternative to attending *Mental Health Recovery Seminar Part I: Learning Mental Health Recovery including Wellness Recovery Action Planning*. Participants who successfully complete this course are eligible to attend *Mental Health Recovery Seminar Part II: Facilitator Training*.

Information: (802) 254-2092 or email: copeland@mentalhealthrecovery.com or visit the web site: www.mentalhealthrecovery.com.

PsychLINK is a medical education broadcast series that offers live and interactive CME for psychiatry professionals. Featuring nationally and internationally recognized experts, **psychLINK** explores a variety of critical areas, including depression, bipolar disorder, schizophrenia and more. **psychLINK** offers free continuing education credits for physicians, nurses and pharmacists.

Information: visit www.psychlink.com.

BOSTON UNIVERSITY CENTER FOR PSYCHIATRIC REHABILITATION Offers Webcasts and Internet Courses in Psychiatric Rehabilitation

The BU Center for Psychiatric Rehabilitation offers a number of online courses through their Professional Development Program. Courses can be taken anytime. For a full course listing, visit the web site at <http://www.bu.edu/sarpsych/training/pdp/courses/>

Information: Sue McNamara, MS, CRC, CPRP, (617) 358-2574 or by email: suemac@bu.edu

Higher Education

CENTER FOR PSYCHIATRIC REHABILITATION

The Certificate Program in Psychiatric Vocational Rehabilitation is a one-year, part-time training for working professionals that partners people with psychiatric disabilities; meets the needs of culturally diverse service recipients; identifies vocational needs; facilitates vocational rehabilitation readiness; personalizes vocational assessment; achieves vocational placements; and develops essential skills, supports and accommodations. Technical assistance is provided throughout the year so that agencies may immediately utilize the skills and tools provided.

Information: Call Debbie Nicoellis (617) 353-3549 or email debbien@bu.edu, or visit their website at <http://www.bu.edu/cpr/training/vocrehab/>

LILLY REINTEGRATION SCHOLARSHIPS

The Lilly Reintegration Scholarship program is designed to offer financial assistance for a wide range of educational opportunities in which students work to attain a certificate or degree. The goal is to help people with schizophrenia, related schizophrenia-spectrum disorders and bipolar disorder acquire the educational and vocational skills necessary to reintegrate into society, secure jobs and regain their lives.

Information: Call 1-800-809-8202 or email lillyscholarships@reintegration.com

MASTER'S PROGRAM IN COMMUNITY MENTAL HEALTH (PCMH) at Southern New Hampshire University (formerly at Trinity College of Vermont), is a Master's Degree program based on core clinical and management competencies needed to promote successful outcomes for children and adolescents with severe emotional disturbances, adults with psychiatric disabilities, and people with co-occurring substance abuse and psychiatric disabilities. PCMH is committed to advancing the competencies of community mental health staff, substance abuse staff, staff in related fields and those who would like to become service providers, particularly service users and family members.

Information: Call Annamarie Cioffari, Ph.D., (802) 655-7235 or by email: a.cioffari@snhu.edu, or visit their website at: www.nhc.edu/pcmh/index.htm

College Scholarships for Individuals with Parents with Disabilities

In recognition of the more than nine million parents with disabilities in the U.S. and their families, Through the Looking Glass (TLG), non-profit organization, is pleased to announce the 2006 College Scholarship Fund specifically for graduating high school seniors who have parents with disabilities. Scholarships funds are available to graduating high school students who:

1. demonstrate academic and personal achievement;
2. have grown up with at least one parent with a disability; and
3. will be a high school graduate or graduating senior by Summer 2006

Up to ten separate \$1,000 awards will be given out in Summer 2006. These awards are one of several projects of Through the Looking Glass' National Resource Center for Parents with Disabilities. This National Center is funded by the National Institute on Disability Research and Rehabilitation (NIDRR), U.S. Department of Education. More information and application forms are available on Through the Looking Glass website: www.lookingglass.org Forms may also be requested by calling 1-800-644-2666.

FUNDING OPPORTUNITIES

FUNDING TO SUPPORT LOCAL PEER-RUN PROGRAMS

The Division of Mental Health plans to solicit proposals from consumers for local peer initiatives, developed and controlled by consumers in the public mental-health system. The form and purpose of these initiatives can be flexible; some ideas that have been suggested include education in peer leadership, warm lines, peer mentoring, drop-in centers, peer crisis diversion, resources for peers upon discharge from inpatient hospitalization or from a correctional facility, peer advocacy/community liaisons, and recovery-oriented initiatives (e.g., exercise, diet, healthy lifestyles, employment, etc.).

Information: Call : Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

If you have questions regarding this calendar or have information on training events for a future calendar, please contact:

Nick Nichols at (802) 652-2000 or

Email: nnichols@vdh.state.vt.us

**Department of Health
Division of Mental Health
108 Cherry Street
PO Box 70
Burlington VT 05402-0070**

This calendar is available on the Vermont Department of Health website: <http://healthvermont.gov>